Re ilie ce, e i ai e

The Care Management Group developed this questionnaire to explore how resilient staff are. You can use this questionnaire in your organisation and/or team. You could complete it about staff, or you can ask them to do it themselves, and use the answers to identify what you need to do and/or change to build staff resilience.

Read each statement and rate yourself, or the person you're assessing, on a scale of one to 10. One is the lowest score and means that you/they don't do the statement, and 10 is the highest score which means that you/they do the statement.

This questionnaire is taken from Skills for Care's 'Developing resilience in practice' guide: . kill f ca e. g. k/Re ilie ceP ac ice.

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